

# SOV 2010 Women's Retreat

**Topic:** "Lean on Me"  
*A celebration of Christian friendship*

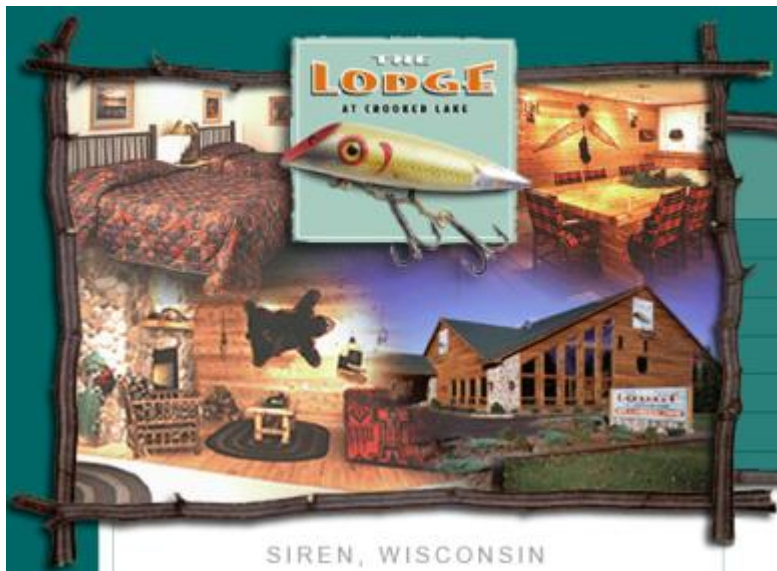
**Speaker:** Betty Horgen

**Date:** Friday p.m. –Sunday a.m.  
September 10-12<sup>th</sup>, 2010

**Time:** Check-in by 7:00 p.m. Friday  
Check-out 11:00 a.m. Sunday

**Location:** The Lodge at Crooked Lake  
Siren, WI

**Cost:** \$165 (double occupancy)  
*Includes 2 nights' lodging, all speaker sessions, & meals - 2 continental breakfasts, Saturday choice of lunch, and buffet dinner. Cost varies with room occupancy. See below.*



**Space is limited, so register early. Payment is required to reserve your spot, and is non-refundable. Please make checks out to "Shepherd of the Valley", and return with this form on or before August 15, 2010. Send to:**

Shepherd of the Valley Lutheran Church  
Attn. Kristin Lagus – 2010 Women's Retreat  
14107 Hudson Rd. S. Afton, MN 55001

*Some need-based partial scholarships may be available. Contact Kristin Lagus at 651.436.8248.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_, Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Roommate Preference(s): \_\_\_\_\_

*Cost per person, based on occupancy: \$165 double, \$140 triple, \$125 quad, or \$265 single, if available. You must form your own group of 3 or 4, if desired. Double occupancy is assumed unless indicated. We will be happy to pair you up with one roommate if you have no roommate preference specified.*

**Lunch choice (choose one):**

- Veggie Wrap Sandwich (tossed fresh veggies and cheese)
- Cranberry Chicken Salad Sandwich
- Turkey & Provolone Deli Stacker Sandwich

**I am interested in helping in the following way(s):**

- Worship       Decorations       Prayer Team
- Skit       Carpool Coordination       Bring a snack to share
- Financially help someone attend in the amount of \_\_\_\_\_

**Special Concerns** (dietary or other – please explain):

# **“Lean on Me!”**

## **Shepherd of the Valley 2010 Women’s Retreat**

### **The Lodge at Crooked Lake**

Rooms are hotel room style, each with private bathroom, two queen beds, coffee maker, and a mini refrigerator. Pool, sauna, whirlpool, fitness room, cable TV, wireless internet, outdoor patio and campfire area are all included onsite. For more information, visit [www.mylodge.com](http://www.mylodge.com).

### **Betty Horgen, Speaker**

Betty has years of experience working with Young Life. You’ll be touched and inspired by her messages as she speaks to the value of loving, supportive Christian friendships.

### **Free Time Activities**

Close proximity to Gandy Dancer Trail, swimming, hiking, Lodge Village shops and day spa, boutiques and antique shops, Moose Mulligan’s Adventure golf, movie theater, Siren National Golf Course, and Voyager Village Golf Course. Some activities take no prior planning, however others require advance notice, designated with an \*. Please read through the options and take appropriate steps if advance planning is needed. Note that some activities have an additional cost.

#### **At the Lodge**

Utilize the pool, sauna, whirlpool, and exercise room. Stop by our reserved board room to play board games, work puzzles, work on prayer shawls, make a craft, or just visit. Chair massage may be available on site for a minimal cost. Sign up upon arrival.

#### **Nearby**

- **Canoeing/Kayaking\***

Jill Whisler will coordinate a 2-3 hour trip Saturday afternoon. Contact [jmwhisler@comcast.net](mailto:jmwhisler@comcast.net) (or 651-735-6351) by September 1 to sign up. Cost: \$17 to canoe, \$22 to kayak.

- **Spa\***

Nouveau Day Spa is located across the street from The Lodge. To schedule services for Saturday afternoon, call the spa directly at 715-349-5880. Cost depends on services.

- **Golf\***

Contact Christi LeClair at [christileclair@me.com](mailto:christileclair@me.com) (or 651-342-4222) by September 1 to set up a tee time for Saturday afternoon. Cost: \$20 for 9 holes.

- **Crafting**

Craft store with some work space located across the street. Or bring a table & work in your room.

- **Hiking/Biking**

Hiking and biking trails are nearby. The Gandy Dancer trail is next to The Lodge. Bring your own bike if you wish. Trail is not roller-blade friendly, as it is not pavement.

- **Mini Golf**

Mini golf is available near the Lodge. See [www.moosemulligans.net](http://www.moosemulligans.net). No prior reservation necessary. Cost: \$7.50.

- **Shopping**

There are many shops in and around Siren: gifts, antiques, crafts, kitchen items, etc.